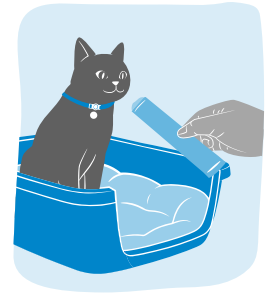


# HELPING YOUR CAT *FEEL SAFE IN* THEIR CARRIER

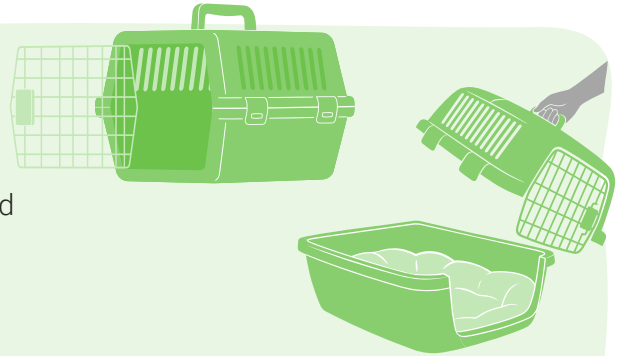
Teaching your cat to go into their carrier by choice can make travelling less stressful for everyone.

Follow these simple steps to teach your cat that their carrier is a nice place to be.



## STEP 1

- Choose a large plastic carrier that has a top that comes off easily.
- Carriers with a top that comes off are the best choice.
- You can use other types of carriers, but you may need to change these steps a little.
- If your cat is scared of their carrier, it is best to get a new one before starting this training.



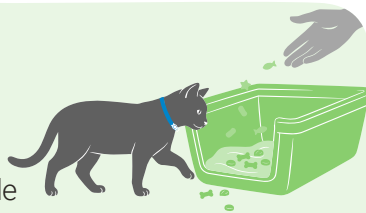
## STEP 2



- Take the carrier apart and use only the bottom tray.
- Put it in an area where your cat likes to spend time.
- Place a blanket or bedding inside the tray that smells familiar to your cat. Leave this bedding in place the whole time (unless it gets dirty).
- You can spray calming pheromones, like Feliway, onto the bedding once each day until your cat is using it regularly (then you can stop). Wait 15 minutes for the spray to dry before letting your cat on the bedding.
- Keep the carrier base out all the time. Let your cat look at it and explore it when they want to.

## STEP 3

- When your cat is calm around the carrier base, or chooses to rest in it, place special treats inside the carrier base a few times each day.
- Do not try to lead or push your cat inside. Just gently toss the treats in and walk away.



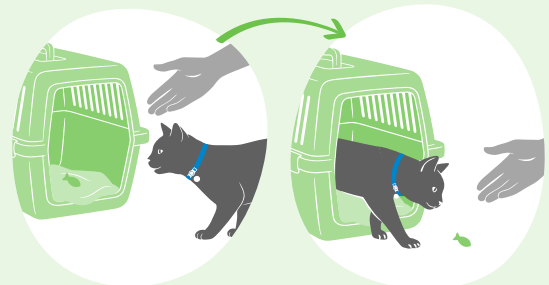
## STEP 4

Once your cat is comfortable walking into the base of the carrier for treats, you can place the top part of the carrier on, with the door off. Place special treats inside the carrier a few times each day.



## STEP 5

- Get a few special treats ready.
- Toss one treat into the carrier.
- When your cat goes in, stay still and let them eat it.
- Then toss another treat outside the carrier so your cat comes back out.
- Repeat this several times during each practice session.

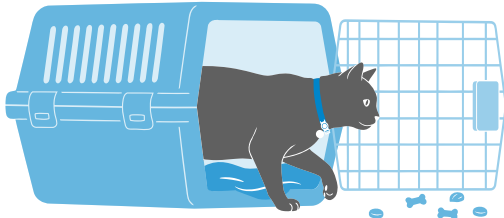




## CHECKPOINT



Once you reach Step 6 and above, start each session from Step 5.

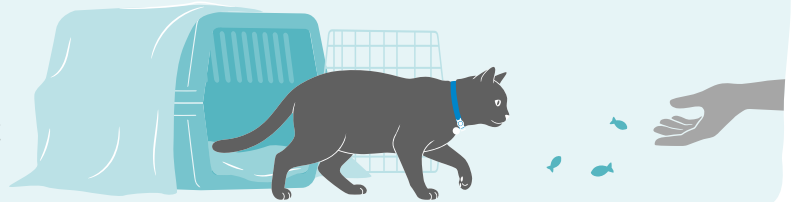


### STEP 6

- Practice Step 5.
- Then put the carrier door on for this step.
- When your cat goes inside, gently close the door.
- Wait until your cat turns around and looks at you.
- Give a treat through the door.
- Then open the door and toss a treat away from the carrier so your cat comes back out.
- Repeat this step several times. Short sessions done often work best.

### STEP 7

- Do the same as the last step.
- After you close the door, place a towel partly over the sides of the carrier.
- Then open the door and throw a treat for your cat to chase.



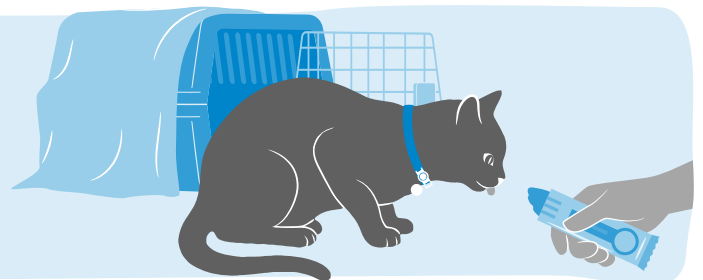
### STEP 8



- Do the same as the last step.
- After you place the towel over the carrier, gently lift the carrier off the ground for a short moment.
- Lift the carrier by the handle with one hand and quickly place your other hand underneath the base to support it.
- Gently place the carrier back on the ground, open the door and throw your cat a treat.

### STEP 9

- Do the same as the last step.
- Gently lift the carrier and walk a short distance. Then place it gently back on the ground.
- Open the door and give your cat lots of treats as a big reward.



## SAFE AND LOW STRESS CAR TRAVEL

- Once in the carrier, place your cat on the backseat with the seatbelt around the carrier, or place the carrier in the footwell behind the front seat.
- Keep music and voices low.
- Ensure good ventilation.
- Never leave your cat unattended in the car.